

Mālākamandalu

mālākamandalu dharaḥ karapadmayūgme
madhyāstha pāniyugalē damarutriṣūlē
yasyastha ūrdhva karayoḥ śubha śankhachakre
vandē tamātrivāradam bhujaśatkayūktam.

Meditation on Dattatreya

"I meditate on the Lotus feet of Dattatreya, the son of Atri, with six hands, holding a mala (necklace), kamandal (water vessel), damaru (drum), trishul (trident), sankha (conch) and chakre (discus).